

Meetings:

4TH QTR / PRACTICE TEACH / SKILLS N DRILLS

Date: 3/22/2022
Uniform: Jerseys **Day:** TUESDAY

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:00	FLEX (10)	FLEX (2A)									
	8:10	4TH Q PRO (25)	4TH QTR PROGRAM (4 STATION, 4 MIN EACH, 1 MIN REST)									
1	8:35	TEAM (10)	CUTOFF SL GIO	TEAM TACKLING "SHOULDER" PROGRESSION (1B)			REACH / CUTOFF CHIP / STAKE		TEAM TACKLING "SHOULDER" PROGRESSION (1B)			
2	8:45	STARTS/ PURSUIT (5)	TEAM TURBOS (2B)									
3	8:50	INDY (5)	1. SQUARE & STAGGER 2. SET QUICKNESS - CLAP 3. DN N BACK / 4. GET IT OUT	Blocking Progression	JUMP CUTS O/S ZN READ 3/2 CAP READS	STANCE AND STARTS	TZ DBLS		HALF LINE PURSUIT			
4	8:55	INDY (5)	5. DROP LINES 6. LANES	Blocking Progression	(ACT) RIP/LIZ SPARK 3/2 FITS/READS	SLED + STRIKE	WZ DBLS		OUTSIDE ZONE - RUN FITS			
5	9:00	INDY (5)	MESH W/RB'S 3/2 CAP 7/6 (JUMP) ACT LIZ COAST	Low Shoulder / High Shoulder - RAC	MESH W/QB'S 3/2 CAP 7/6 (JUMP) ACT LIZ COAST	BULLDOG + PUSH/PULL	ZONE VS MVMT					
6	9:05	INDY (5)	PAT N GO / ROA O/S ROUTES - HITCH, GLANCE, WIN, IN, OSCAR, BENCH I/S ROUTES - OMAHA, OSCAR, CLIMB (MC) , SHALLOW, BASIC FLAT, OTB, OPTION, CROSS / REMOVED EMPTY - HITCH, SLANT, WIN,				9 ON 7 TEACH		(15) TEACH - FORMATION ADJUST & MOTIONS (5) POSITION EMPHASIS			
7	9:10	INDY (5)					MED BALL SETS SAND BAG EXPLODE					
8	9:15	TEACH (10)	TEACH (2) - INSTALL 1									
9	9:25	7 ON 7 (10)	4,4,4,4 - 1/2/3/1 (2B)				TEACH 1ON1 5ON4 (1A)		TEACH 1ON1 5ON4 (1A)		4,4,4,4 - 1/2/3/1 (2B)	
10	9:35	TEAM (12)	4,4,4,4,- 1/2/3/1 (1B)						4,4,4,4,- 1/2/3/1 (1B)			
11	9:47	END	PLP TO FOLLOW 4TH QTR									

4TH QTR / PRACTICE TEACH / SKILLS N DRILLS

Date: 3/24/2021
Uniform: Jerseys **Day:** THURSDAY

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:00	FLEX (10)	FLEX (2A)									
	8:10	4TH Q PRO (25)	4TH QTR PROGRAM (4 STATION, 5 MIN EACH, 1 MIN REST)									
1	8:35	TM TACKLING (10)	TEAM TACKLING - "VICE" PROGRESSION- (FLD 1) 1. 2 MAN VICE , 2. SL TACKLE , 3. CIRCLE CHASE				WIDE ZONE DBLS		TEAM TACKLING - "VICE" PROGRESSION - (FLD 1) 1. 2 MAN VICE , 2. SL TACKLE , 3. CIRCLE CHASE			
2	8:45	TM BALL SECURITY (3)	TEAM BALL SECURITY DRILLS - (FLD 2) 1. STIFF ARM (1BALL, 2 DEF) ; 2. STUMBLE BUM (1BALL/1DEF)				GAP LEADER/ GALLOP		TEAM BALL SECURITY DRILLS - (FLD 2) 1. STIFF ARM (1BALL, 2 DEF) ; 2. STUMBLE BUM (1BALL/1DEF)			
3	8:48	TM TACKLING (7)	DTL SQ - STAG SET QUICKNS GIO	TEAM TACKLING CIRCUIT (7) - [SWIPE, VICE, SHOOT, TRACKING, DRIVE FOR 5]			GAP DBLS		TEAM TACKLING CIRCUIT (7) - [SWIPE, VICE, SHOOT, TRACKING, DRIVE FOR 5]			
4	8:55	GROUP (7)	OFFENSE BALL SECURITY (FLD 2) 1. DROP STEP KNIFE ; 2. CATCH N KNIFE (INDY WHEN COMPLETE)				PASS CIRCUIT		TAKEAWAY CIRCUIT (7) (1A)			
5	9:02	STARTS/ PURSUIT (5)	TEAM TURBOS (2B)									
6	9:07	INDY (5)	RB MESH: RUDY, 7/6, GB/P SEAT/S	BLOCKING PROGRESSION	MESH W/ RB 3/2 CAP SEA/SEAHAWKS SALT/PEPPER	STANCE GET-OFFS	SET THE LINE/SET THE TECH	RUN FITS - ODD (IZ CAP, IZ SLICE)				
7	9:12	INDY (5)	1/2 LINE PASS: 2X BNDY - SWEEP, POLE, COAST, BEACH, DRAGON, BOLT, DEW, THUN, SPACE		RAT/LAB PRO SPECIAL STORM/POLE	1/2 LINE PASS (1B)	FRANK CALL INTRO	CHUTE	FOOTWORK	DROPS	1/2 LINE PASS	
8	9:17	INDY (5)	PERIMETER / 1V1: 3X FLD - BUB, BOLT, BULLET 3X - ROMP (STOW), SPEC, TORNADO		RTE'S vs. ILB's	PERIMETER 1 ON 1		SLANTS	STRIKES	1 ON 1s VS RBs	PERIMETER & 1 ON 1	
9	9:22	TEACH (10)	TEACH (2) - INSTALL 2 (GB/PACKERS) (SALT/PEP)					TEACH (1) - FORMATION ADJUST & MOTIONS				
10	9:32	7 ON 7 (10)	4,4,4,4 - 1/2/3/1 (2B)				TEACH BLOCK DESTRUCTION / PODS (2A)		PASS RUSH TECH 1-3		4,4,4,4 - 1/2/3/1 (2B)	
11	9:42	TEAM (12)	4,4,4,4 - 1/2/3/1 (1B)					4,4,4,4 - 1/2/3/1 (2B)				
12	9:54	END	PLP TO FOLLOW 4TH QTR									

UNLV Rebels Practice Schedule

Date: 3/29/2022
Day: TUESDAY
Practice #: SP 1

Meetings:
TEAM / ST/TACKLE 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SPIDERS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	STARTS (10)	Drop The Line Sq-Stag Set Qkness	TM TACKLING (1A) - SHOULDER PROGRESSION (7) / TBOS /SCRAMBLE (3)			1 MAN	TM TACKLING (1A) - SHOULDER PROGRESSION (7) / TBOS /SCRAMBLE (3)				
2	9:03	IND (5)	GIO Wide Base RPOs / Strikes Mov't	STANCE & START W/ ROCKER STEP DRILL	JUMP CUTS (ACT) RIP/LIZ SPARK 3/2	STANCE + GET OFFS 3 - CAP 2 - SLOPE S - SNIPER	CAGE- REACH/CUTOFF	HALF LINE PURSUIT (1A)				
3	9:08	IND (7)	MESH W/RB's 3/2, 7/6, Rudy, Routes - Flat,Cross, Option	TRIGGER, PLANT, DRIVE PROGRESSION	MESH W/QB'S 3/2 RUDY KEY BOZO COAST	SLED CAP/TRIPLE STRIKE CIRCUIT	WIDE REACH/WIDE CUT OFF	SLED PRO	STRIKES TOWEL-MAN LEV- RICHOCET/SPLATTER TRACK / C9	WALL STRIKES 1 MAN SLED	EDD TRANSITIONS CB / HH	EDD OFF MONEY MEG
4	9:15	IND (7)	ROA RPO'S: THUN, DEW, COKE(COLA), SLURPEE, 2X2: COAST, OAK (PST), SWEEP, BEACH 3X1: TORNADO, SILVER PAP: DX, STRIKE, WACO				ZONE DBLS (APART) TZ: POWER SINGLE/B WZ: COG/SPEED B	CHEESE BOARDS	Y-OFF - KEYS 1/2 KEYS	MOVEMENT WH	SCOOCH (AIR) - PROGRESSION - FULL	PRESS MONEY MEG
5	9:22	GROUP 1 (8)	1 ON 1'S (1B)				9 ON 7 RUN (2A)				1 ON 1'S (1B)	
6	9:30	TEACH (10)	TEACH - (TBO / SCREENS) (2A)					RUSH TECH / GAMES (1B)		MOTION ADJUSTMENTS (1A)		
7	9:40	GROUP 2 (8)	1/2 LINE PASS 2X2 (1B)		1 ON 1'S W/ILB'S (2B)	1/2 LINE PASS 2X2 (1B)	5 ON 4 PASS RUSH (2A)			1ON1'S W/RB'S (2B)	1/2 LINE PASS (1B)	
8	9:48	SP TMS (7)	Screens Lanes Progressions / Script	PUNT NET DRILL (1)			SET THE LINE/SET THE TECH EMPHASIS PUNCH (BAGS)	FALL DRILL	PUNT NET DRILL (1)			
9	9:55	TM RPA (10)	(16) 4,4,4,4 - 1/2/1/2 - MIX DOWNS (1B)									
10	10:05	7 ON 7 (12)	(20) 4,4,4,4,4 - 1/2/3/1/2 - MIX DOWNS (1B)				1 ON 1'S (2A)		1'S PASS RUSH TECH	(20) 4,4,4,4,4 - 1/2/3/1/2 MIX DOWNS (1B)		
11	10:17	TEAM 1 (12)	(20) 4,4,6,6 - 1/2/1/2 - FORCE (1B)									
12	10:29	TEAM 2 (12)	(20) 6,6,4,4 - 1/2/1/2 - MIX DOWNS (1B)									
13	10:41	SP TMS (7)	PROGRESS THE POCKET (SWEEP)	MUG & REDIRECT (PUNT EMPHASIS) (2A)			INDEPENDENT HAND STRIKES	HANDS, EYES, RELEASE	MUG & REDIRECT (PUNT EMPHASIS) (2A)			
14	10:48		SHOT TO WIN / E.O.D. - 1 O V 1 D (CAPTAINS CALL YOUR PLAY 1&10 EXECUTE)									

COACH - WISE WORDS: _____

UNLV Rebels Practice Schedule

Date: 3/31/2022
Day: THURS
Practice #: SP 2

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SPIDERS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (1A)									
1	8:53	STARTS (10)	TEAM BALL SECURITY (2A) - STUMB BUM & STIFF ARM (6) / TBO'S (2B) (4)									
2	9:03	IND (5)	OFFENSE BALL SECURITY (2B) (3) 1. DROP STEP KNIFE ; 2. CATCH N KNIFE (INDY WHEN COMPLETE) QB / RB MESH FOLLOWING BS				TIGHT ZONE/WIDE ZONE DBLS	TAKEAWAY CIRCUIT (1A)				
3	9:08	IND (7)	Drop Lines Set Quickness GIO Wide Base RPOs / Strikes Mov't	RELEASE PROGRESSION	RIP/LIZ, RAT/LAB SHUFFLE/FIT RTE'S	SLED SEA/HAWKS STRIKE CIRCUIT	SUSTAIN DRILL/ WIDE ZONE DBLS VS ODD	- 3-MAN SLED - CHUTE	GET OFFS/VICE BAGS SURF/SQUEEZE ROLL TACKLE	AGILITY BAGS CHUTE SERIES	EDD MINI	EDD PRESS - KICK & TRANSITION
4	9:15	IND (7)	ROA RPO'S: RUBS*, THUN, DEW, COLA, SLURPEE 2X2: DRAGON, SPACE, FRESH, POLE, BEACH* 3X1:STORM, SHADE, SPECIAL TORNADO PAP: SPARE, THUMB, STRIKE, WACO				PIN BLOCKS/ GAP LEADER/GALLOP/ GAP DBLS	- CHEESE BOARDS - HOOP DBL SWIPE	6 TECH - KEYS 1/2 LINE	1 MAN SLED HOOK SEAM	FFR / KICK 180 SCOOCH - STEMS	PRESS & OFF CLOUD
5	9:40	GROUP 1 (8)	1 ON 1'S [LH] (1B)				9 ON 7 RUN (2A)			1 ON 1'S (1B)		
6	9:30	TEACH (10)	TEACH (TURBOS / SCREENS / CADENCE) (2A)					(SO) BOB CONNIE (1A)				
7	9:22	GROUP 2 (8)	1/2 LINE PASS 2X2 (1B)		1 ON 1'S W/ILB'S (2B)	1/2 LINE PASS 2X2 (1B)	5 ON 4 PASS RUSH (1A)			1 ON 1'S W/RB'S (2B)	1/2 LINE PASS (1B)	
8	9:48	SP TMS (7)		KICKOFF - FLY ZONE INDY (1A)			SET THE LINE/SET THE TECH	PASS RUSH	KICKOFF - FLY ZONE INDY (1A)			
9	9:55	TM RPA (10)	(16) 4,4,4,4 - MIX DOWNS (2B)									
10	10:05	7 ON 7 (12)	(20) 4,4,4,4,4 - 1/2/3/1/2 MIX DOWNS/ 2ND & 7+ (2B)				1 ON 1'S (1B)		2'S PASS RUSH TECH	(20) 4,4,4,4,4 - 1/2/3/1/2 MIX DOWNS/ 2ND & 7+ (2B)		
11	10:17	TEAM 1 (12)	(20) 4,4,6,6 - 1/2/1/2 - FORCE/BLITZ (2B)									
12	10:29	TEAM 2 (12)	(20) 6, 6, 4,4 - 1/2/1/2 - MIX DOWNS/ 2ND & LONG (2B)									
13	10:41	SP TMS (7)	PROGRESS THE POCKET (HOOK)	KIKCOFF - STRIKE ZONE INDY (1A)			PASS CIRCUIT	POP UPS	KICKOFF - STRIKE ZONE INDY (1A)			
14	10:48		SHOT TO WIN / E.O.D. - OL / DB VS DL / WR - 1 PERFECT JACK (1 CAPTAIN PER TEAM LEADS THE JACKS & COMMANDS)									

UNLV Rebels Practice Schedule

Date: 4/2/2022
Day: SATURDAY
Practice #: SP 3

Meetings:
TEAM / ST.: 8:15-8:30
OFF/DEF: 8:35-9:15

Walk Thru:

SP TMS: 9:30-9:35

OFF/DEF: 9:35-9:43

Uniform:
SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	9:43	FLEX (10)	FLEX (2A)									
1	9:53	STARTS (10)	TEAM TACKLING - "VICE" PROGRESSION- (7) 1. 2 MAN VICE , 2. SL TACKLE // (3) TBOS					1 MAN REACH/CHIP/GAP LDR	TEAM TACKLING - "VICE" PROGRESSION- (7) 1. 2 MAN VICE , 2. SL TACKLE // (3) TBOS			
2	9:58	IND (5)	Drop Lines Set Quickness GIO Wide Base RPOs / Strikes Mov't	STEP & STRIKE W/ BLOCKING PROGERSSION	CHUTE-PAD LEVEL SHUFFLE/FIT LEAP/HIP ROUTES STELLA BLOCK	BLASTER STANCE + GET OFFS	WZ STAKES TZ CHIPS WIDE REACH	BLOCK DESTRUCTION CIR. (1A)				
3	10:03	IND (7)	MESH w/ RBs	RELEASE PROGRESSION	MESH W/QB's 3/2 SPLIT SKIM SEA/HAWKS TORPEDO R/L PMP STORM	SLED STRIKE CIRCUIT	ZONE / GAP DBL VS HEADS		CIOS GET OFFS STUNTS SLASH TECH	NEAR FT, NEAR SHLDR MOVEMENT	TRANSITIONS WIC TECH	EDD PRESS - KICK & TRANSITION
4	10:11	IND (7)	ROA RPO'S: RUBS, STUMP, LION, THUN, DEW, COLA, SLURPEE 2X2: (NOD) BOOM, WRAP (FRDM CK) , PUMP TORPEDO, OAK, 3X1:BUSH, SNOOPY, (RB) PUMP STORM PAP: RACE, THROTTLE					SPEED TO POWER PRO	PASS RUSH CHOP RIP/SPIN SWIPE GRAB COUNTERS	CHUTE SERIES 4 FLAT	SCOOCH CATCH	CB: TRAP & RANGER NI: WICK
5	10:19	GROUP 1 (8)	PERIMETER (1B)		9 ON 7 RUN (2A)		9 ON 7 RUN (2A)				PERIMETER W/ RB (1B)	
6	10:27	TEACH (10)	TEACH - (PACKAGES, RPO/TAGS, BPU) (2A)					3RD DOWN TEACH (1A)				
7	10:37	GROUP 2 (8)	1 ON 1'S (1B)		1 ON 1'S W/ILB'S (2B)	1 ON 1'S (1B)	BLOCK DESTRUCTION (2A)			1 ON 1'S W/RB'S (2B)	1 ON 1'S (1B)	
8	10:45	SP TMS (7)	SCREENS TORPEDO/STELLA PEPPER/SALT	PR INDY (LOS) (1A)			SORTS	SCREEN DRILL	PR INDY (LOS) (1A)			
9	10:52	TM RPA (10)	(16) 4,4,4,4 - MIX DOWNS (2B)									
10	11:02	7 ON 7 (12)	(20) 4,4,4,4,4 - 1/2/3/1/2 - MIX / 3RD MED & LONG (2A)					TWIST / 1 ON 1'S (1A)		3'S PASS RUSH TECH	(20) 4,4,4,4,4 - 1/2/3/1/2 - MIX / 3RD MED & LONG (2A)	
11	11:14	TEAM 1 (12)	(20) 4,4,6,6 - 1/2/1/2 - FORCE / MIX / 3RD & MEDIUM (1B)									
12	11:26	TEAM 2 (12)	(20) 6, 6, 4,4 - 1/2/1/2 - MIX/ 3RD & LONG (1B) // 3 FG/PAT (2 RED, 1 SILVER)									
13	11:38	SP TMS (7)	PROGRESS THE POCKET (HOOK)	PR INDY (DTF) (1A)			STL/STT	SLIDE DRILL	PR INDY (DTF) (1A)			
14	11:45		SHOT TO WIN / E.O.D. - 1 O V 1D - 1 3RD & 5 PLAY (CAPTAINS CALL THE PLAY)									

UNLV Rebels Practice Schedule

Date: 4/5/2022
Day: TUESDAY
Practice #: SP 4

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (1A)									
1	8:53	STARTS (10)	REBEL DRILL (1) - 2 LINES - 3 ON 1 - S/C (6) - SCRIPTED MATCHUPS / SHOT ZONE TBOS (2A) (4)									
2	9:03	IND (5)	OFFENSE BALL SECURITY (2B) (3) 1. DROP STEP KNIFE ; 2. CATCH N KNIFE (INDY WHEN COMPLETE)				CHIP DRILL W/RB'S	TACKLING CIRCUIT (1A)				
3	9:08	IND (7)	Drop Lines Set Quickness GIO Wide Base RPOs / Strikes Mov't	45 / 180 CUTS	BLASTER PUSH/PULL FREAK R/L 2/5 X SWEEP SELECT	SLED STRIKE CIRCUIT	PUNCH & PEEK IN CAGE PIN N PULL PULLS IN CAGE	SLED PRO PVC CHUTE / BAR SLED	STRIKE - TOWEL LEV RICOCHET/SPLATTER	AGILITY BAGS CHUTE SERIES	EDD WEAVE 45	EDD FC: OFF TECH BC: PRESS TECH NI: SCOOTCH
4	9:15	IND (7)	ROA RPO'S/INDY: RUBS*, COP ROUTE*, OPTIONS, 2X2: DRAGON, SPACE, FRESH, POLE, BEACH* 3X1:SHELTER (OPT), RATTLE (OPT), SPOT W/ RB , (CH) FLOP BUSH PAP: VIPER, DOCK, WACO GB, BUFF WACO SPLIT PACKER				CHIPS/STAKES ZONE DBL/GAP DBLS	RUN PODS (FLOAT FT /3 & G)	TRACK / C9 TECH 1/2 LINE	BLITZ PATTERN DROPS	SCOOCH	CB: CATCH NI: CATCH
5	9:22	GROUP 1 (8)	PERIMETER (1B) 1 ON 1's		9 ON 7 RUN (2A)						PERIMETER (1B) 1 ON 1's	
6	9:30	SP TMS (7)	DASH PASS ROCKET PEPPER/SALT	KOR CIRCUIT (1A)			SORTS	JUMP CHOP CROSS	KOR CIRCUIT (1A)			
7	9:37	TEACH (5)	TEACH (2A)					MOTION REVIEW (1A)				
8	9:42	TM RPA (10)	(16) 4,4,4,4- 1/2/1/2 - MIX / SHOT ZONE (2B)									
9	9:52	7 ON 7 (12)	(20) 4,4,4,4,4 - 1/2/3/1/2 -- MIX/ 3RD & MED/LONG (2B)				TWIST / 1 ON 1'S (1A)		(20) 4,4,4,4,4 - 1/2/3/1/2 MIX/ 3RD&MED/LONG (2B)			
10	10:04	TEACH (5)	TEACH - (BPU) (2A)					PRESSURE REVIEW (1A)				
11	10:09	TEAM 1 (12)	TEAM - (20) 4,4,6,6 - 1/2/1/2 - BLITZ (1ST DOWN & 2 & 7+) (1B)									
12	10:21	TEAM 2 (12)	(20) 6, 6, 4,4 - 1/2/1/2 MTF - SHOT ZONE (1B) // 3 FG (2 RED, 1 SILVER MONEY)									
13	10:33	SP TMS (7)	PROGRESS THE POCKET (ROLL DIG)	PUNT UNIT V. SCOUTS (1A)			PUNCH DRILLS / BULL PROG	SLIDE PRO	PUNT UNIT V. SCOUTS (1A)			
14	10:40		SHOT TO WIN / E.O.D. - 1 PUNT VS 1 SCOUT PUNT BLOCK - EXECUTE PERFECT PUNT, PLACEMENT & CATCH									

UNLV Rebels Practice Schedule

Date: 4/7/2022
Day: THURSDAY
Practice #: SP 5

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	STARTS (7)	TEAM TACKLING - BIG VICE TKL (MOF) - RZ TURBOS - (1A)									
2	8:58	IND (5)	Set Quickness Lanes Wide Base RPOs / Strikes	Post Turn	BAGS PETER/PAUL PUSH/PULL	BLASTER STANCE + GET OFFS	REACH/CUTOFF IN CAGE	EFFORT PURSUIT (1A)				
3	9:03	IND (7)	MESH W/ RB FLA/GATORS SKIM SEA/SEAHWK WALL PASS/LOOP PASS	90 / 180 Cuts	MESH W/QB'S FLA/GATORS SKIM SEA/HAWKS WALL PS/LOOP PS	SLED STRIKE CIRCUIT	CHIPS/STAKES	SLED PRO CHEESEBOARDS	GET OFF FOOTWORK 1 ON 1 STRIKE	1 MAN SLED CHUTE SERIES	POST TECH 1/2 FLD TECH	EDD PRESS - UND / OV
4	9:10	IND (7)	ROA / REDZONE STRIKEOUT - SPIN - BINGO - TORNADO/SHELTER X-SPIN - X-RAIDER - CRUSH - SMASH X-THUMB - RB - OPTION - WALL - LOOP				GAP DBLS/ZONE DBLS VS 2i	SLANTS U TURN TECH	6 TECH HALF LINE READS	DROPS WH 4 FLAT / MINI HK	CLIFF TECH	BLITZ TECH
5	9:17	GROUP (8)	PERIMETER / 1 ON 1 (1B)				9 ON 7 RUN (2A)				PERIMETER / 1 ON 1 (1B)	
6	9:25	TEACH 1 (5)	TEACH - SCREENS VS BAGS (2A)				TEACH - (N) 45 RUSTY (1A)					
7	9:30	TM RUN/PA (10)	TEAM - RPA - (16) 4/4/4/4 - 1/2/1/2 MIX DOWNS - HRZ (+31) (2A)									
8	9:40	SP TMS (7)	WAYGU/DASH SHELTER RAIDER	PUNT VICE DRILL (1B)			DRAG OFF	ARC STEPOVER PASS RUSH	PUNT VICE DRILL (1B)			
9	9:47	TEAM PASS / 7 ON 7 (12)	HRZ/LRZ TEAM PASS - (8) 4/4 - 1/2 / HRZ/LRZ 7V7 - (12) 4/4/4 - 1/2/3 (2A)									
10	9:59	TEACH 2 (5)	TEACH - 2ND & LG / SY SCRIPT (2A)				TEACH - (GUT) MONSTER 4/6 , FLOAT QUAKE, FLOAT RAIN (1A)					
11	10:04	TEAM 1 (8)	TEAM 2ND & LONG / SY - (12) 4/4/4 - 1/2/1 - SY [3&2, 3&1, 3&2, 3&1] (2A)									
12	10:12	TEAM 2 (16)	TM HI RZ [MIX] - (16) 4/4/4/4 -1/2/1/2 (2B) - *3 PUNTS TO FOLLOW YD LINE __-40__ (2B)									
13	10:28	TEAM 3 (12)	TEAM LRZ MIX - (12) 6/6 - 1/2 3 KICKS (2 RED MONEY, 1 SILVER MONEY) (1B)									
14	10:40	SP TMS (7)	SHELTER/RAIDER PROGRESSION	PUNT UNIT V. SCOUTS (1A)			BULL PROG	CHUTE CUT	PUNT UNIT V. SCOUTS (1A)			
15	10:47		SHOT TO WIN / E.O.D. -									

UNLV Rebels Practice Schedule

Date: 4/9/2022
Day: SATURDAY
Practice #: SP 6

Meetings:

TEAM / ST.: 8:15-8:30
OFF/DEF: 8:35-9:15

Walk Thru:

SP TMS/CQ: 9:30-9:35
OFF/DEF: 9:35-9:43

Uniform: FULL PADS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	9:43	FLEX (10)	FLEX (2A)									
1	9:53	STARTS (7)	Drop Lines Set Quickness GIO	TACKLING - CLAMP AND ROLL / TURBOS (7) - (1A)			1 MAN	SLANT PRO	TACKLING - CLAMP AND ROLL / TURBOS (7) - (1A)			
2	10:00	IND (4)	MESH W/RB'S GUN SEA/HAWKS GUN GB/PACKERS TOSS 7/6 ARMY/KNIGHTS	LADDER W/ 45 CUT	MESH W/QB'S GUN SEA/HAWKS GUN GB/PACKERS TOSS 7/6 ARMY/KNIGHTS		REACH/CUTOFF IN CAGE	PASS PURSUIT (1A)				
3	10:04	IND (6)	Drop Lines Set Quickness GIO Wide Base RPOs / Strikes Mov't	LADDER W/ 90 CUT	BLASTER RIP/LIZ PRO OPTION RTE	BLASTER / SLED / STRIKE	7/6 VS MOVEMENT (CHARLIE)	SLED PRO CHEESEBOARDS	GET OFF VS OL STRIKE TOWEL STRIKE LEV SLED	MOVEMENT CHUTE SER.	STR HK / HOOK 3 HIGH HASH	EDD OFF COV.: TRANS / DBL MV
4	10:10	IND (6)	ROA RPO'S: RUBS, DEW, STUMP 2X2: DODGERZ, POLE 3X1:MOUNTAIN, SILVER, PUMP SILVER, PUMP ROCKET PAP: DODGERZ, BOSTON, THROWBACK, CROSS					CUT DRILL U TURN TEACH	KEY 1 ON 1 6 TECH 1/2 LINE KEYS	STRONG HK HOOK 3	CLIFF SCOOCH	CB: RANGER NI: HALF MATCH COV.
5	10:16	GROUP 1 (8)	1V1 (1B)		BPU W/ ILBS	1V1	BLOCK DESTRUCTION (2A)			BPU W/ RBS	1 ON 1 (1B)	
6	10:24	TEACH (10)	(12) TEACH - SCREENS (2B)					PRESSURE REVIEW (1A)				
	10:34		HALFTIME *5 MINUTES									
7	10:39	GROUP 2 (8)	PERIMETER / RZ 1 ON 1'S (1B)				5 ON 4 PASS RUSH (2A)			PERIMETER / RZ 1 ON 1'S (1B)		
8	10:47	SP TMS (7)	SCREENS	(KO) FLY/STRIKE ZN COMBINED DRILL (1A)			SORTS	SPEED TO POWER	(KO) FLY/STRIKE ZN COMBINED DRILL (1A)			
9	10:54	TM RPA (10)	THUD - TEAM RPA MIX (16) - 4,4 4,4 - 1/2/1/2 (-38) (2B)									
10	11:04	TEAM PASS / 7ON7 (14)	THUD - TEAM PASS MIX (16) - 4,4,4,4 - 1/2/1/2 / 7ON7 - MIX DNS (6) 3,3 - 1/2 (-44) (2B)									
11	11:18	TEAM 1 (12)	LIVE TEAM FORCE - (16) 4,4,4,4 - 1/2/1/2 (-44) (1B) - / 3 FG (2 RED, 1 SILVER MONEY)									
12	11:30	TEAM 2 (12)	LIVE TEAM MTF - (20) 4,4,4,4,4 - 1/2/3/1/2 (1B) (LAST 8 IN R.A.)									
13	11:42	SP TMS (7)	RZ FADES / BACKLINE THROWS	(KO) 2 GAP / ANGLE STRIKE (1A)			STL / STT	HANDS, EYES, RELEASE	(KO) 2 GAP / ANGLE STRIKE (1A)			
14	11:49		SHOT TO WIN / E.O.D. -									

UNLV Rebels Practice Schedule

Date: 4/12/2022
Day: TUESDAY
Practice #: SP 7

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	STARTS (7)	TM TACKLING (4) SL LEVERAGE TACKLE (20 YD DISTANCE - SKILL COMBO) / RZ TBOS (2A) (3)									
2	9:00	IND (5)	BS- KNIFE DRILLS (INDY)				WIDE REACH (2ND STEP VERTICAL)	SLED PRO	BAGS CAIOS DROPS	MOVEMENT	TRANSITIONS POST BRKS - 45 - 135	EDD OFF MATCH
3	9:05	IND (8)	4 MIN MESH RB GIO /DROP LINES / SCRNS / MVMNT	POST TURN & RAC BALL SECURITY	MESH W/QB'S FLA/GATORS GRN/GOLD G-TORPEDO R/L RIP/LIZ PRO FIT	BLASTER SLED STRIKE	OUT CALL EYE PROG	CHUTE CUT DRILL AIM SLANT TEACH	STRIKE TOWEL STRIKE LEV KEYS	CHUTE SERIES TACKLING NR FT, NR SHLDR	FFR - PALMS - OUTLAW - CLIP	PRESS MATCH PRESS MEG
4	9:13	IND (8)	ROA RPO'S: ROMP, RUB, SLIP, DEW, LION 2X2: OAK, COAST, FREEDOM 3X1: HURRICANE, SNOOPY, SILVER PAP: THROTTLE, SPINS				GAP LEADER / GAP DBLS	PVC CHUTE NUT TEACH	PASS RUSH TEACH HUMP PUNCH OUT	IZ RUN FITS WEAK HOOK	SCOOCH - WO / SR - TRANSITION - STEMS	CLIP RUN / PASS READS
5	9:21	GROUP 1 (8)	PERIMETER / 1 ON 1 (1B)		9 ON 7 (2A)						PERIMETER / 1 ON 1 (1B)	
6	9:29	SP TMS (7)	NO STEP CLIMB TO IN CKDOWN PROG	PBR BLOCK CIRCUIT (1)			WEDGE/WHISKEY VS MVMNT	CLUB PRO	PBR BLOCK CIRCUIT (1)			
7	9:36	GROUP 2 (8)	1 ON 1'S (1B)		1ON1'S W/ ILBS (2B)	1 ON 1'S (1B)	1 ON 1'S (2A)		1 ON 1'S (1B)	1ON1'S W/ RBS (2B)	1 ON 1'S (1B)	
8	9:44	TEACH 1 (5)	TEACH - EMPTY PASSES / CHUNKS (2A)					BASE TEACH (1A)				
9	9:49	TM RPA BACKED UP (10)	TEAM RPA BACKED UP (2B) (-12YDL) - (16) 4,4, 4,4 - 1/2/1/2									
10	9:59	TEAM PASS / 7 ON 7 (14)	TEAM PASS OPEN FIELD (2B) - (16) 4,4,4,4 - 1/2/1/2 7 ON 7 RZ (2B) - (6) 3,3 - 1/2									
11	10:13	TEACH 2 (5)	TEACH 3RD DN SCRIPT REVIEW (2A)					3RD DOWN & RZ TECH (1A)				
12	10:18	TEAM 1 (12)	TEAM 3RD DOWN (1B) - (15) - 4/4/4/3 - 1/2/1/2 - *2 PUNTS & WATER BREAK									
13	10:30	TEAM 2 (12)	RED ZONE (MIX DNS) - HI/LO (NO GL) (16) - 4/4/4/4 - 1/2/1/2 *2 PUNTS									
14	10:42	SP TMS (7)		PUNT RETURN TEAM (1A)			LATE TE & DROP CONTAIN	SLIDE PRO	PUNT RETURN TEAM (1A)			
15	10:49		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

UNLV Rebels Practice Schedule

Date: 4/14/2022
Day: THURSDAY
Practice #: SP 8

Meetings:

TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:

SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	TACK/TO (7)	TM TACKLING (1A) - SHOULDER PROGRESSION (4) / TBOS /SCRAMBLE (3)									
2	9:00	IND (5)	BALL SECURITY DROP KNIFE / CATCH KNIFE				DRIVE/CUTOFF/PULLS IN CAGE		EFFORT PURSUIT PASS PURSUIT (1A)			
3	9:05	IND (7)	Drop Lines Set Quickness GIO Wide Base Gauntlet Progressions	RELEASE PROGRESSION	JUMP CUTS PAD LEVEL CHUTE RICKY/LUCY	GET OFFS INSTALL VARIATIONS	CHIPS/STAKES	SLED PRO CHEESE BOARDS	FOOTWORK / SLASHER STRIKE TRACK FORCE / SPLATTER	TACKLING BLASTER BP PITT	EDD TOE TAP - 2 AGILES	EDD PRESS - MATCH / MEG
4	9:12	IND (7)	MESH W/RB'S SKIM SEA FLA/GATORS BRUSH R/L PETE SHOVEL	RELEASE PROGRESSION	MESH W/QB'S SKIM SEA/HAWKS FLA/GATORS BRUSH R/L PETE/PAUL SHOVEL	SLED STRIKE	ZONE VS MOVEMENT MIDDLE ANGLE/SLAT	COMBO SLIP SLANT PRO (AIM)	6 TECH / 5 TECH 1/2 LINE CTR	1 MAN SLED CHUTE MVMNT	HOOK 3 STR HK / WK HK	OFF - CLIP OFF - CATCH / SCOOCH
5	9:19	IND (7)	PAT N GO ROA		STACK DRILL OPTION RTE	PAT N GO ROA	GALLOP EMPHASIS GAP DBLS	POP UPS BOB SWAT	PASS RUSH GAME MIX / COMBO	IZ RUN FITS CLEAR CLOUDY STEP AND FALL CAPPER	SCOOCH CLIFF	REDZONE TECH
6	9:26	GROUP (7)	1 ON 1'S RZ (1B)		1 ON 1 VS LB (2B)	1 ON 1'S RZ (1B)	1 ON 1 / 2 ON 2 PASS RUSH			1 ON 1 VS LB	1 ON 1'S RZ (1B)	
7	9:33	SP TMS (7)	GAUNTLET PROGRESS.	KOR UNIT (1A)			PRESSURE WITH PRESSURE	SLIDE PRO TEACH	KOR UNIT (1A)			
8	9:40	TM RUN / PA (12)	TEAM RPA MIX (1B) - (16) - 4,4,4,4 -1/2/1/2 - *2 FG's									
9	9:52	TEAM 1 (12)	TEAM BLITZ (1B) - (16) 4,4,4,4 - 1/2/1/2 - *2 PUNTS									
10	10:04	TEACH (5)	TEACH (2A) (SHORT YARDAGE / SCREENS)					TEACH- SY/OPEN FIELD (1A)				
11	10:09	TEAM 2 (8)	TEAM SHORT YARDAGE (1B) (6) 3,3 -1/2 // OPEN FIELD MIX (6) 3/3 - 1/2									
12	10:17	TEAM 3 (10)	TEAM - OPEN FIELD (1B) - 1&10, 2&7, 3&2 (12) 3/3/3/3 - 1/2/1/2									
13	10:27	2 MIN (10)	2 MINUTE (1A) - 1:46 1 TO NEED FG (-31) - 1/2/1/2 TIME PERMITTING *SPLIT UP TEAMS* (1 V1 , 2V2 - 1 OFF & 2 DEF ON SAME SIDELINE)									
14	10:37	SP TMS (7)	PROGRESS THE POCKET	KOC UNIT (1A)			STL/STT	HANDS, EYES, RELEASE	KOC UNIT (1A)			
15	10:44		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

UNLV Rebels Practice Schedule												
Date: 4/16/2022 Day: SATURDAY Practice #: SP 9			Meetings: TEAM / ST.: 8:15-8:30 OFF/DEF: 8:35-9:15			Walk Thru: SP TMS/CQ: 9:30-9:35 OFF/DEF: 9:35-9:43			Uniform: SPIDERS			
P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	9:43	FLEX (10)	FLEX (1A)									
1	9:53	STARTS (10)	TEAM BALL SECURITY (2A) - STUMB BUM & STIFF ARM (6) / TBO'S (2B) (4)									
2	10:03	IND (5)	MESH W/QB'S SKIM SEA/HAWKS GOLD/GRN SAILOR HURRICANE	Trigger, Plant, Drive Progression	MESH W/QB'S SKIM SEA/HAWKS GOLD/GRN SAILOR HURRICANE	GET OFFS / DECISIONS	DRIVE/CUTOFF IN CAGE	EMPHASIS CIRCUIT (1A)				
3	10:08	IND (7)	Drop Lines Set Quickness GIO Ball Security Gauntlet Strike Progression Mov't	Trigger, Plant, Drive Progression	ROPES BAGS PUSH/PULL	SLED / STRIKE / DRIVE	WIDE ZONE DBLS COGS/SOLO ODD GANGS GAP DBLS	SLED PRO CHEESEBOARDS	1 ON 1 STRIKE/KEY 1/2 KEYS	BANANA TACKLE	BUDDY BRKS - 45 / 90 DOC / BUNCH - BLOCK DESTR	EDD PRESS - INSIDE RELEASE BAIL - DVD
4	10:15	IND (7)	ROA / RZ ROA RPO'S/INDY: RUBS*, COP ROUTE*, OPTIONS, RZ WIN 2X2: OAKLAND, SPIN, CIRCUS, RAIDER NOD 3X1:SHELTER (OPT) X-SPIN, SHADE, FLOP BUSH PAP: STRIKE, F-TUNNEL,				2ND LEVEL SUSTAIN WZ	SLIP DRILL SLANTS	BUNCH KEYS WING KEYS	DROPS ZONE IT BDRY SOP BOOT - COV 3	SH / WH M2 (2 UNDER) CLIFF	BACK SHLD FADE CRACK REPLACE
5	10:22	TEACH (7)	TEACH EAGLE PERS (2A)					TEACH - 10 PSNL REVIEW (1A)				
6	10:29	GROUP 2 (6)	1 ON 1'S HRZ/LRZ (1B)		1 ON 1'S W/LB'S (2B)	1 ON 1'S RZ (1B)	5 ON 4 PASS RUSH (1A)			1 ON 1'S W/RB'S (2B)	1 ON 1'S HRZ/LRZ (1B)	
7	10:35	SP TMS (7)	POCKET MOVEMENT	KOR INDY (1)			DUBS DRILL	PASS RUSH POP UPS	KOR INDY (1)			
8	10:42	TM RPA (10)	TEAM ----- MIX DOWNS (2B) - (16) 4,4,4,4 - 1/2/1/2									
9	10:52	7 ON 7 (12)	7 ON 7 ----MIX DOWNS / 2ND & 7+ (2B) - (16) 4,4,4,4 - 1/2/1/2				1 ON 1'S (1B)			7 ON 7 ----MIX DOWNS / 2ND & 7+ (2B) - (16) 4,4,4,4 - 1/2/1/2		
10	11:04	TEACH 2 (5)	TEACH (2A)					TEACH - PRESSURE REVIEW (1A)				
11	11:09	TEAM (12)	TEAM ----- MIX DOWNS / 2ND & LONG (2B) 1&10, 2&7, 3&8, 1&10 - (16) 4,4,4,4 - 1/2/1/2									
12	11:22	SP TMS (7)	PROGRESSIONS	KICKOFF UNIT (1)			PRESSURE TO PRESSURE	SLIDE PRO TEACH	KICKOFF UNIT (1)			
13	11:29		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

UNLV Rebels Practice Schedule

Date: 4/19/2022
Day: TUESDAY
Practice #: SP 10

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	TACKLING (5)	TEAM TACKLING CIRCUIT (5) - (1A) [VICE, SHOOT, TRACKING, DRIVE FOR 5]									
2	8:58	TM FORCE (12)	TEAM FORCE (2B) - MIX DOWNS - 16 - 4,4,4,4 - 1/2/1/2									
3	9:10	IND (5)	Drop Lines Set Quickness GIO Wide Base Gauntlet Progressions	Trigger, Plant, Drive	JUMP CUTS BAGS PAD LEVEL CHUTES				TAKEAWAY CIRCUIT (1A)			
4	9:15	IND (7)	MESH WITH RBS OKLA/SOONERS / OPTIONS/ SKIM SEA/HAWKS	Trigger, Plant, Drive	MESH W/QB'S OK/SOONERS G-ARMY/KNIGHTS DASH L/R FREAK RT/LT	GET OFFS / DECISIONS	GAP LEADER/GALLOP WITH GO DEUCES TO -1	SLED PRO SLIP DRILL	STANCE & START STRIKE LEV SLED TOWEL SLED	MOVEMENT AGILE BAGS CHECKDOWN TACKLE	EDD POST BRKS - 45 - 135	EDD PRESS
5	9:22	IND (7)	W/ WRS CURLS / OPTIONS / RZ WINS / SPINS	W Drill - Trigger, Plant, Drive	PS PRO RIP/LIZ - FITS RICKY/LUCY- FITS PUSH/PULL	SLED / STRIKE / DRIVE	ZONE DOUBLES ZONE VS MVMIT	ONE MAN SLED SLINGSHOT	1 ON 1 KEYS 5 TECH 6 TECH	BOOT DOC BUNCH TREY OFF	FFR / KICK 180	CLIP SCOOTCH
6	9:29	IND (6)	ROA / RZ ROA RPO'S/INDY: RUBS*, COP ROUTE*, OPTIONS, RZ WIN 2X2: OAKLAND, SPIN, CIRCUS, RAIDER NOD 3X1:SHELTER (OPT) X-SPIN , SHADE, FLOP BUSH PAP: STRIKE, F-TUNNEL,				2ND LEVEL SUSTAIN	SLANT PRO U TURN TEACH	HALF LINE KEYS (BUNCHES)	DROPS PANIC WEAK HOOK	SCOOCH - CONVERT - MELT / SLIP	OUTLAW ZONE IT
7	9:35	GROUP (7)	PERIMETER / 1V1 (1B)		BPU W/ ILBS (2B)	PERIMETER 1V1 (1B)	BLOCK DESTRUCTION (2A)			BPU W/ ILBS (2B)	PERIMETER (1B)	
8	9:42	SP TMS (7)		PUNT UNIT (1A)				STL/STT	RIP SERIES	PUNT UNIT (1A)		
9	9:49	GROUP (7)	1 ON 1'S (1B)		1 ON 1'S W/ ILB (2B)		2 ON 2 PASS RUSH (2A)			1 ON 1'S W/ RB (2B)	1 ON 1 (1B)	
10	9:56	TEAM PASS / 7 ON 7 (14)	TEAM PASS OPEN FIELD (2B) - (16) 4,4,4,4 - 1/2/1/2 7 ON 7 RZ (2B) - (6) 3,3 - 1/2									
11	10:10	TEACH (5)	TEACH (2A)					TEACH- PRESSURE REVIEW (1A)				
12	10:15	TEAM BACKED UP (10)	TEAM BACKED UP (-12) - MIX DOWNS (1B) - (14) - 4/4/3/3 - 1/2/1/2									
13	10:25	SP TMS (5)		PBR UNIT (1A)				BULL PROG	DBL SWIPE PRO	PBR UNIT (1A)		
14	10:30	TEAM MTF / 2MIN(14)	TEAM MTF REDZONE - MIX DOWNS (1B) 2 MINUTE TO FOLLOW - 1V1, 2V2 - (1A -41) 1:37, 1TO, NEED A FG TO WIN									
15	10:44		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

UNLV Rebels Practice Schedule

Date: 4/21/2022
Day: THURSDAY
Practice #: SP 11

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	TACK/TO (5)	TEAM TACKLING (1A/B) - BIG VICE TKL (MOF) 1. 2 MAN VICE 2. SL TACKLE (20 YDS)									
2	8:58	TEAM RPA (14)	TEAM RPA (2B) - MIX DOWNS - (16) 4/4/4/4 - 1/2/1/2									
3	9:12	IND (5)		OPEN, REACH, ROLL - SPEED CUT	ROPES PAD LEVEL BLASTER	BLASTER / INSTALL VARIATIONS	DRIVE/CUTOFF IN CAGE	BLOCK DESTRUCTION CIRCUIT (1A)				
4	9:17	IND (7)	Drop Lines Set Quickness GIO Gauntlet Wacos/Gun Wedge Progressions	OPEN, REACH, ROLL - SPEED CUT	PAP FAKES RICKY/LUCY FITS STELLA R/L FITS RIP/LIZ PUSH/PULL	SLED / STRIKE / DRIVE	TZ/WZ DBLS	SLED PRO ONE MAN SLED	FOOTWORK STRIKE	CHUTE SERIES	1 LINE - BP - 180 - WEAVE TRANSITIONS	EDD CB: O/S LEV NI: CATCH
5	9:22	IND (7)	MESH WITH RB OK/SOONERS SKIM SEA/HAWKS ARMY SAILOR OPTION RTE	45 CUTS	MESH W/QB'S OK/SOONERS SKIM SEA/HAWKS ARMY SAILOR OPTION RTE	RTES / WAGYU	COGS/SOLOS	SLIP DRILL SLINGSHOT	1 ON 1 KEYS 3X1 ADJUST	POP UP RUN FITS CLEAR CLOUDY STEP AND FALL SLICE	1/2 FLD - FREE - TUBE / WHL - VERT / WHL	ALL - MATCH: UNDER / OVER CB: RAIL (UNDER / POST) NI: SCOOTCH
6	9:29	IND (7)	ROA / RZ ROA RPO'S/INDY: RUBS*, COP ROUTE*, OPTIONS, RZ WIN 2X2: ALLEY, OAKLAND, SPIN, CIRCUS, RAIDER NOD 3X1: CAKE-WRAP, SHADE PAP: STRIKE, F-TUNNEL,				GAP DOUBLES GAP LEADER OFF DTO	SCREEN DRILL	1/2 KEYS	DROPS HK 3 WEAK HOOK MINI HK / 4 FLAT	SCOOCH CLIFF	BREAKS WITH EYE DISCIPLINE
7	9:36	GROUP (7)	1 ON 1'S (1B)		9 ON 7 RUN (2A)						1 ON 1'S (1B)	
8	9:43	SP TMS (7)		KO UNIT (1A)			TWIST GAMES	DIP & LEAN	KO UNIT(1A)			
9	9:50	TEAM 1 (10)	TEAM BLITZ - NORMAL DOWNS (1B) - (16) 4,4,4,4 - 1/2/1/2 - *2 FG'S									
10	10:00	TEACH (5)	TEACH (2A)					TEACH 3RD DOWN / 2MIN (SAG) (1A)				
11	10:05	TEAM 2 (8)	TEAM 3RD DOWN (2B) - (10) 5,5 - 1/2 3RD & 3/5/7/9/11 * 2 PUNTS									
12	10:13	SP TMS (7)		KOR UNIT (1A)			PUNCH DRILLS	STRIKE DRILL	KOR UNIT (1A)			
13	10:20	TEAM 3 (10)	TEAM TBOS & PACKAGES - OPEN FIELD - MIX (1B) (-18 YDL) - (12) 4,4,4,4 - 1/2/1/2 (TURBO INTENT: TO GET US TIRED FOR 2MINUTE)									
14	10:30	2 MIN (10)	2 MINUTE (2 SITUATIONS) (1A) A. END OF GAME - (-31 YDL) 1:57, 2 TO'S, OFF NEED TD 1'S, 2'S B. END OF GAME - (- 41 YDL) :40 SECONDS , NO TO'S , OFF. NEED A FG TO WIN 1'S, 2'S									
15	10:40		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

UNLV Rebels Practice Schedule

Date: 4/23/2022

Day: SATURDAY

Meetings:

TEAM / ST.: 1:20-1:35

OFF/DEF: 1:40-2:20

Walk Thru:

SP TMS / OFF/ DEF 4:37 - 4:50

FLEX 4:50

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OLB	DLB	OLB	ILB	SAF	CB
	9:30	FLEX (10)	FLEX									
1	9:40	STARTS (7)	TEAM TACKLING - SIDELINE & ROLL TACKLE - (5) // (2) TBOS									
2	9:47	IND (5)	MESH W/ RBS	45 Cuts - 4 CONE	3/2 CAP SKIM GB/FACKERS OPT	BULLDOG / PUSH PULL	DRIVE/REACH/CUT/OFF CHIPS/STAKES	GOAL POST STRIKE	GET OFFS STRIKE	BALL DRLLS	EDD TACKLING	EDD BLOCK - D
3	9:52	IND (5)	ROA	ROA	BAGS PUSH/PULL	ROA	ZONE DBLS GAP DBLS	SLANT PROGRESSION HUMP PROGRESSION	KEYS	2 WHISTLE	BALL DRLLS	BALL DRLLS
4	9:57	7 ON 7 RZ (7)	SCRIPTED -- 7 ON 7 - HI RED ZONE - NORMAL DNS - (12) 3,3,3,3				TWIST 1 ON 1		SCRIPTED -- 7 ON 7 - HI RED ZONE - NORMAL DNS - (12) 3,3,3,3			
5	ST = THUD, FG = LIVE		1 KOR vs SCOUT KOC									
6	10:04	SCRIMMAGE LIVE	SCRIPTED --- 1ST OFF vs 1ST DEF (10 PLAYS) ----- 1 FG IF IN POSITION THUD - OPEN FLD (-24)									
7			1 PUNT vs SCOUT PR									
8			SCRIPTED --- 2ND OFF vs 2ND DEF (10 PLAYS) ----- 2 FG IF IN POSITION / 2 FGS IF NONE RACKS (RED&SILVER)									
9			1 KOC vs SCOUT KOR									
10		LOGO	SCRIPTED ----- 1ST OFF vs 1ST DEF (10 PLAYS) THUD - OPEN FLD / LOGO (- 38)									
11			1st PR vs SCOUT PUNT									
12			SCRIPTED ----- 2ND OFF vs 2ND DEF (10 PLAYS) --- 2 FGS IF NONE RACKS (RED&SILVER)									
13			2 KOR vs SCOUT KOC									
14		BACKED UP	MTF - CALL IT - 1ST OFF vs 1ST DEF (10 PLAYS) THUD - OPEN FLD / BACKED UP (- 11)									
15			2 PUNT vs SCOUT PR									
16			MTF CALL IT - 2ND OFF vs 2ND DEF (10 PLAYS) THUD / OPEN FLD / BACKED UP (- 11)									
17			2 KOC vs SCOUT KOR									
18		REDZONE	SCRIPTED ----- 1ST OFF vs 1ST DEF (10-12 PLAYS) **POSSIBLE - RZ HI/LO/GL (+22)									
19			2 PR vs SCOUT PUNT									
20			SCRIPTED ---- 2ND OFF vs 2ND DEF (10-12 PLAYS)									
21			SPECIAL TEAMS REPEAT FROM TOP - 1'S ST TMS REPS IN BTWN RACKS WHEN 2S ST COMPLETES (PUNT/KOR/KOC)									
		2MIN- SIT. A	2 MIN - 1 OFF VS 1 DEF / 2 OFF VS 2 DEF / 1:46 1 TO NEED FG (-39)									
		2MIN - SIT B	2 MIN - 1 OFF VS 1 DEF / 2 OFF VS 2 DEF / 1:15 0 TO NEED TD (- 48)									
**IN PRACTICE REPS CHART: 1. FLD ZNS: OPEN, HI/LO RZ, GL 2. 3RD DN: S,M,L,XL 3. TEMPO PLAYS 4. 2-MINUTE 5. KICKING GAME												

UNLV Rebels Practice Schedule

Date: 4/26/2022
Day: TUESDAY
Practice #: SP 13

Meetings:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

Uniform: SHELLS

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (2A)									
1	8:53	TACK/TO (5)	BALL SECURITY - CATCH N KNIFE (SIDELINE) (2B)						EMPHASIS: BLOCK D & TACKLING (1A) BLOCK-D: TOWEL SLED & 6 Pt STRIKE TACKLING: VICE & CLAMP-DRIVE-5			
2	8:58	TEAM RPA (12)	TEAM RPA (2B) - MIX DOWNS - (16) 4/4/4/4 - 1/2/1/2									
3	9:12	IND (5)	Drop Lines Set Quickness GIO Ball Security Gauntlet Wide Base Lanes	OPEN, REACH, ROLL - SPEED TURN	JUMP CUTS BLASTER BAGS	INSTALL VARITION	DRIVE/CUTOFF IN CAGE	SLED PRO ONE MAN SLED	C.O.D FOOTWORK STRIKE HAND PLACEMENT	MOVEMENT	1 LINE - BP / 180 / WEAVE QTRS - MIRROR - KICK 180	EDD DRIVE EYES
4	9:17	IND (7)	Waco Prog. Roll Prog Oakland Prog	OPEN, REACH, ROLL - SPEED TURN	RIP/LIZ STEPS CHUTE FITS WEDGE FAKES OPTION RTE CATCH	BLASTER / SLED	TIGHT ZONE COMBOS WORK CHIP WITH FLIPPER	CHEESEBOARDS SLINGSHOT	1 ON 1 KEYS	TACKLING BANANA 2 WHISTLE CHECKDOWN	1/2 FLD - B (DOC) - F (BUNCH)	CB - PRESS N - SCOOTCH
5	9:24	IND (5)	MESH W/RBS	45 CUTS	SKIM, ARMY PMP STORM	PERIMETER BULLDOG	WIDE ZONE COMBOS	SLANT PRO U TURN TEACH	1/2 LINE KEYS	CHUTE SERIES	RUN FITS - CLR / CLDY - SLIDE	TAILPIPE
6	9:29	IND (7)	ROA				VS TWIST ZONE PRESS (ROCKY)	SCREEN RE-DIRECT	PASS RUSH TECH	DROPS	SCOOCH - STEM BRKS - TRANSITIONS	CB - CLIP: PRESS OFF NI - HOOK SEAM PRESS & OFF
7	9:36	GROUP (7)	PERIMETER / 1 ON 1'S (1B)		9 ON 7 RUN (2A)						PERIMETER / 1 ON 1'S (1B)	
8	9:43	SP TMS (7)	ALLEY PROG	PUNT INDY/DN FLD COVER DRILL (1A)			SORTS/PUNCH DRILLS	HOOP DBL SWIPE	PUNT INDY/DN FLD COVER DRILL (1A)			
9	9:50	TEAM 1 (10)	TEAM BLITZ - NORMAL DOWNS (1B) - (16) 4,4,4,4 - 1/2/1/2 - *MAYDAY FG									
10	10:00	TEACH (5)	TEACH - 3RD DOWN (2B)						TEACH: 3RD DOWN REVIEW (1A)			
11	10:05	TEAM 2 (8)	TEAM 3RD DOWN (1B) - (10) 5,5 - 1/2 3RD & 3/5/7/9/11 *2 PUNTS									
12	10:13	SP TMS (7)	SCREEN FTWRK	PBR BLOCK CIRCUIT (1A)			BULL PROG	STRIKE DRILL	PUNT BLOCK CIRCUIT (1A)			
13	10:20	TEAM 3 (10)	TEAM TBOS & PACKAGES - OPEN FIELD - MIX (1B) - (16) 4,4,4,4 - 1/2/1/2									
14	10:30	2 MIN (10)	2 MINUTE (2 SITUATIONS) (1A) A. END OF GAME - (-31 YDL) 1:57, 2 TO'S, OFF NEED TD 1'S, 2'S B. END OF GAME - (- 41 YDL) :40 SECONDS , NO TO'S , OFF. NEED A FG TO WIN 1'S, 2'S - MAYDAY FG									
15	10:40		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	9:08	FLEX (10)	FLEX (1A)									
1	9:18	TEAM RPA (12)	TEAM RPA (2B) - MIX DOWNS - (16) 4/4/4/4 - 1/2/1/2									
2	9:30	IND (5)	Drop Lines Set Quickness GIO Ball Security Gauntlet Progressions	EDD'S	PAD LEVEL CHUTE PUSH/PULL	INSTALL VARIATIONS	CROWTHER TIGHT ZONE COMBOS	CUT DRILLS BY POSITION (1)				
3	9:35	IND (5)	MESH W/ RB'S ARMY/KNIGHTS OK/SOONERS BRUSH R/L	EDD'S	MESH W/QB'S ARMY/KNIGHTS OK/SOONERS BRUSH R/L	SLED / STRIKE / DRIVE	WZ DBLS VS TWIST ZONE PRESS	SLED PRO ONE MAN SLED	STRIKE	MOVEMENT / BLITZ PATTERNS	CUTS - ZN IT (CUP) - ZEBRA (CUP)	CB: OFF VCOV / TRANS NI: CATCH TECH
4	9:40	IND (5)	ROA				(ROCKY STUFF)	SLIP DRILL CHEESEBOARDS	KEYS REACTION	BURN TUBE UNDER	MO RUN FITS - BUNCH FOLD	WITH ILB: BURN TUBE
5	9:45	UNIT 1 (7)	TEACH (2A) - SCREENS					TEACH (1A) - PERIOD 11				
6	9:52	SP TMS (5)	ALLEY PROG	KO UNIT (1A)			PRESSURE WITH PRESSURE	SPEED TO PWR	KO UNIT (1A)			
7	9:57	TEAM 1 (12)	TEAM NORMAL DOWNS (1B) - (16) 4,4,4,4 - 1/2/1/2 - *2 FG'S									
8	10:09	TEACH (5)	TEACH (2A) - ODDITIES					TEACH (1A) - PERIOD 12				
9	10:14	TEAM 2 (8)	TEAM ODDITIES (2B) - (10) 5,5 - 1/2									
10	10:22	SP TMS (5)	SCREEN FTWRK	KOR UNIT (1A)			BREAK LONG ARM	SLIDE PRO	KOR UNIT (1A)			
11	10:27	TEAM 3 (10)	TEAM SERVICE - RPO'S & RUBS (1B) (12) 6,6 - 1/2									
12	10:37	TEAM 4 (10)	TEAM SERVICE - QB RUNS (1B) (12) 6,6 - 1/2									
13	10:47		SHOT TO WIN / E.O.D. - BY HFC REVIEW									

Meetinas:
TEAM / ST.: 7:15-7:30
OFF/DEF: 7:35-8:15

Walk Thru:
SP TMS/CQ: 8:30-8:35
OFF/DEF: 8:35-8:43

P#	Time	Period	QB	WR	RB	TE	OL	DL	OLB	ILB	SAF	CB
	8:43	FLEX (10)	FLEX (1A)									
1	8:53	TEAM RPA (12)	TEAM RPA (2B) - MIX DOWNS - (16) 4/4/4/4 - 1/2/1/2									
2	9:05	IND (5)	Drop Lines Set Quickness GIO Low RZ Progression Progressions	EDD'S W / DISTRACTION	BAGS CHUNK, STELLA	INSTALL VARIATION	TIGHT ZONE DBLS	1/2 LINE PURSUIT (1A)				
3	9:10	IND (5)	MESH W/ RB's	EDD'S W / DISTRACTION	MESH W/QB'S KINGHTS SKIM SEA PMP STORM	SLED / STRIKE	WZ DBLS CHIPS/STAKES	ONE MAN SLED SLIP DRILL	STRIKE	1 MAN SLED	TRANSITIONS WEAVE 45	REDZONE TECH RUBS / CATCH
4	9:15	IND (5)	ROA				COGS/SOLOS 2ND LVL SUSTAIN	SLINGSHOT	KEYS REACTION	WEAK HOOK HOOK SEAM	SCOOCH - STEM BRKS - TRANSITION	BALL DRILLS
5	9:20	TEACH 1 (7)	TEACH (2A) - EOG / 2PT PLAYS					TEACH (1A) - EOG				
6	9:27	SP TMS (5)	RZ THROWS	PUNT (1A)			PRESSURE WITH PRESSURE	SPEED TO PWR	PUNT (1A)			
7	9:32	TEAM 1 (12)	TEAM - 2ND & 3RD & LONG (1B) - (16) 4,4,4,4 - 1/2/1/2 - *2 FG'S									
8	9:44	TEACH 2 (5)	TEACH (2A) - RED ZONE					TEACH (1A) - SERVICE PLAYS				
9	9:49	TEAM 2 (8)	TEAM - LRZ (2A) (10) 5,5 - 1/2									
10	9:57	SP TMS (5)	PROGRESSIONS	PIN PUNT (1A)			DRAW OFF	SLIDE PRO	PIN PUNT (1A)			
11	10:02	TEAM 3 (10)	TEAM SERVICE - (1B) (12) 6,6 - 1/2									
12	10:12	TEAM 4 (10)	TEAM - EOG / 2 PT - (1B) (16) 6,6 - 1/2									
13	10:22		SHOT TO WIN / E.O.D. - BY HFC REVIEW									